

# HE LIFTS ME UP

SATB, accompanied

Based on Psalm 145

Words and Music by  
RUTH ELAINE SCHRAM (ASCAP)

Performance time: approx. 4:15

Powerfully (♩ = ca. 86)

SOPRANO ALTO

He lifts me up when I have fall - en; He lifts me up

TENOR BASS

Powerfully (♩ = ca. 86)

ACCOMP.

*f* (optional accompaniment)

when I just call on Him... He lifts me up, He lifts me up...

(S. div.)

He lifts me up. He lifts me up

F F/C/B/C/F/C F

*f*

This system contains the first two staves of music. The top staff is a vocal line with lyrics "He lifts me up." and "He lifts me up". The bottom staff is a piano accompaniment. Chords F and F/C/B/C/F/C are indicated above the piano staff. A dynamic marking *f* is present.

9

when I have fall en; He lifts me up

9

Dm Am

This system contains the third and fourth staves of music. The top staff is a vocal line with lyrics "when I have fall en; He lifts me up". The bottom staff is a piano accompaniment. Chords Dm and Am are indicated above the piano staff. A box with the number 9 is present at the start of the piano staff.

when I just call on Him. He lifts me up,

Dm Gm7

This system contains the fifth and sixth staves of music. The top staff is a vocal line with lyrics "when I just call on Him. He lifts me up,". The bottom staff is a piano accompaniment. Chords Dm and Gm7 are indicated above the piano staff.

13

He lifts me up, He lifts me up.

The first system shows a vocal line in treble clef and a piano accompaniment in bass clef. The key signature has one flat (B-flat). The vocal line starts with a rest, then has two phrases: "He lifts me up," and "He lifts me up." The piano accompaniment consists of chords and moving lines in both hands.

13

Am7/C Bb/C F

The second system shows the piano accompaniment for the first system. It includes the same vocal line in treble clef and piano accompaniment in bass clef. Chord symbols are placed above the treble staff: Am7/C, Bb/C, and F.

SOLO (or section) *mf* 17

Some - times the road is long, and I can -

The third system is a solo section. It features a vocal line in treble clef and a piano accompaniment in bass clef. The key signature remains one flat. The vocal line starts with a rest, then has the phrase "Some - times the road is long, and I can -". The piano accompaniment is in a steady rhythm.

17

C/E Dm G Dm

*mf*

The fourth system shows the piano accompaniment for the solo section. It includes the same vocal line in treble clef and piano accompaniment in bass clef. Chord symbols are placed above the treble staff: C/E, Dm, G, and Dm. The dynamic marking *mf* is present.

21

- not find my way, but I have found that when I call

The fifth system shows a vocal line in treble clef and a piano accompaniment in bass clef. The key signature has one flat. The vocal line starts with a rest, then has the phrase "- not find my way, but I have found that when I call".

21

G F/C Dm

The sixth system shows the piano accompaniment for the fifth system. It includes the same vocal line in treble clef and piano accompaniment in bass clef. Chord symbols are placed above the treble staff: G, F/C, and Dm.

His name, He hears me when I pray.

Gm

(end solo) 25

SOLO (or section) *mf*

Some times the path is steep,

C Bb/D C/E Dm 25 G

and I stumble to the ground,

Dm G

*cresc. poco a poco*

but I have found that when I call His name, in love

29 F/C Dm Gm

*cresc. poco a poco*

(all) *f*

(end solo) And He lifts me up when I have fall-

He reach - es down.

Gm7 C F/C B/C F/C F 33 Dm

- en; He lifts me up when I just call on Him. He lifts me up,

Am Dm Gm7

37

He lifts me up. He lifts me up.

37

Am7/C

Bb/C

F

SOLO (or section)

*mf*

41

Some - times the road is dark, and the fu -

41

C/F

Dm

G

Dm

45

- ture seems un - clear, but I have found that when I call.

45

G

F/C

Dm

(end solo)

His name, He takes a - way my fear.

SOLO (or section) *mf*

Some - times.

Gm Gm7 C Bb/D C/EDm

49

the path is dim, like a sense - less, wind - ing maze,

49

G Dm G

52

but I have found that when I call His name, He fills

*cresc. poco a poco*

53

F/C Dm Gm

*cresc. poco a poco*

(all) *f* 57

And He lifts me up when I have fall-

(end solo) *f*

my heart\_ with praise.\_

Gm7 C F/C Bb/C F/C F 57 Dm

- en;\_ He lifts me up when I just call\_ on Him.\_ He lifts me up,

Am Dm Gm7

61 He lifts me\_ up,\_ He lifts me up.\_

61 Am7/C Bb/C F



65

His love can sat - is - fy

65 Ab Eb/G

69

ev - 'ry liv - ing thing. In His mer - cy, He

Bb/F F Gm7 F/A F Fm/Eb Dbmaj7 69

(A. div.)

hears my cry and He makes my heart sing.

Eb Gm7 Csus C

OPTIONAL SOLO (Soprano or Tenor)

**f** 74

He lifts me up \_\_\_\_\_ when I have fall - en; He lifts me up

He lifts me up when I have fall - en; He lifts me up

D C/D D 74 G Em Em

Detailed description: This system contains the first three staves of music. The top staff is a vocal line starting with a forte (f) dynamic and a box containing the number 74. The lyrics are "He lifts me up \_\_\_\_\_ when I have fall - en; He lifts me up". The second staff is a vocal line with lyrics "He lifts me up when I have fall - en; He lifts me up". The third staff is a piano accompaniment with chords D, C/D, D, G, Em, and Em. A large red watermark "Preview Only" is overlaid diagonally across the page.

78

when I just call on Him. He lifts me up, \_\_\_\_\_

when I just call on Him. He lifts me up, He lifts me up,

when I just call on Him. He lifts me up, He lifts me up,

Em Am7 Bm/D 78

Detailed description: This system contains the next three staves of music. The top staff is a vocal line starting with a box containing the number 78. The lyrics are "when I just call on Him. He lifts me up, \_\_\_\_\_". The second staff is a vocal line with lyrics "when I just call on Him. He lifts me up, He lifts me up,". The third staff is a piano accompaniment with chords Em, Am7, and Bm/D. A large red watermark "Preview Only" is overlaid diagonally across the page.

He lifts me up. He lifts me up.

(A. div.)

He lifts me up. He lifts me

Bm7/D C/D G D C/D Bm/D

82 when I have fall - en, He lifts me up when I just call.

82 up when I have fall - en; He lifts me up when I just call.

82 G Em Bm Em

86

86

Am7 86

Bm7/D

— on Him.— He lifts me up,— lifts me up,—

— on Him.— He lifts me up, He lifts me up,—

*molto rit.* He lifts me up! *mf*

*molto rit.* He lifts me up! *mf*

*mf*

(B. div.)

C/D Cmaj7/D G

*molto rit.*

*mf*

\*Cued notes are optional.

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